

SUNSHINE COAST QUILTERS GUILD



Next MEETING Nov. 25th, 2017: Holy Parish Hall, 5700 Nickerson Drive, West Sechelt

Nov, 2017

Special Points of Interest

Next meeting: Nov. 25th, 2017

Doors open: 8:45 am
MAKE & TAKE
9:30 to 10:15
10:15 to 11:00 and...

Business Meeting:
11:00 am
Show & Tell
Coffee/Snack Break,

Program:
MAKE & TAKE continues
12:15 to 1:00

Executive meeting
follows 15 minutes after the
program ends and all members
are welcome to attend.

Inside this issue:

Board & Group contact	2
Past Oct RD Minutes	3
Past Oct Board Minutes	4
Program—November	5
Comfort Society Report	6
Plug-uglies.....	10
Calendar of Events	13
CQA— Challenge	14
Library	16

PRESIDENT'S REPORT— *Karen Biddlecombe*

Hello all, my goodness how did it get to November already, certainly this year is rolling on very fast. I suspect the gardeners in the group have already put their gardens to bed and are welcoming this time to be able to quilt without those flowers distracting you.

Before we know it Christmas will be upon us! Have any of you got your Christmas quilts out and dusted off so they can be ready for hanging when the season comes? Anyone able to bring your Christmas Quilt to the November meeting?

3 Teams are signed up for the 'Get your PhD' what a terrific way to have some fun and get Quilts completed— quilt on!

FINAL NOTICE: It's time to find 1 Fat Quarter and have it rolled with a ribbon or salvage end and brought to the **NOVEMBER, 2017** meeting. The goal is for ALL attendees to bring 1 Fat Quarter and participate. What will you be doing? — well come to the November meeting and all will be revealed!



Hostess Schedule*

November 25, 2017: Cotton Club
January 27th, 2018: Off The Wall
February 24th, 2018: Gone to Pieces
March 31, 2018: Pender Harbor Piecemakers
April 28, 2018: 1/2 Moon Crazyes
May 26th, 2018: Fat Quarters
Sept. 29th, 2018: Cotton Club
October 27th, 2018: Off The Wall

*When Satellite group is hosting; all members of the Satellite group are welcome to stay (no charge) and enjoy and participate in the days' activities.

Next NEWSLETTER

Deadline:

January 5, 2018

Things to Remember for meeting:

**Coffee/tea cup –

*** Name Tag

**Donation to hostess group for snack

Strip Draw = 4 x 2 1/2":

Holiday/Seasonal

This Month's Hostess

Group: Cotton Club

Sunshine Coast Quilters' Guild 2017-2018 Board Membership

<i>Position</i>	<i>Name</i>	<i>Position</i>	<i>Name</i>
President	Karen Biddlecombe	Vice President	Deb Burton
Past President—Sunshine	Lynda White	Treasurer	Helene Johnston
Secretary	Moirra Sarling	Website Admin	Sheila Macdonald
Block of the Month	Sue Lowell, Helen Bailey	Quilt Show Chair	TBD
Comfort Quilts (A) = Advisor	Jeannette Thompson, Noriko Kawaguchi, Elizabeth Byrne, Phyllis Erlenbusch, Joan Baker, Bernice Johnson (A), Andrea Kusebauch (A)	Quilt Show Committee	TBD
Membership & Merchandise	Pauline Weber, Linda Gant, Gail Junnila	Publicity / CQA Rep	Moirra Sarling, Cathy Collins
Program Committee / Mini Workshops (A) = Advisor	Marian Williamson, Maria Lodzinski, Jill Bellisomo, Ellen Fullerton, Rojean Trent (A)	Library	Sandra LeHeup, Judith Haugen, Kathleen Bezaire, Betti McGilvery, Phyllis Argyle
Newsletter Editor/FB Newsletter Assistant	Karen Biddlecombe, Val Marus	Retreat Committee	NEEDS TO BE FILLED
Bus Trip Chair	Sharon Roye	Youth Outreach	NEEDS TO BE FILLED

Satellite Group Rep contact information:

Pender Harbour Piecemakers:

Meet at Madeira Park: Lee Ewing
604-883-2620 lewing@dccnet.com

½ Moon Crazies: Meets at Greencourt, Sechelt. 2nd Sun. 9—5
Carol Bowie 604 885-4127
quiltscrapqueen@dccnet.com

Off the Wall: Meet at Frank West Hall—Gibsons 2nd (10-1) & 4th (10-3) Thursdays

Joanne Polan 604-837-7754
joannepolan@gmail.com

Loose Threads: Meet at a member's home in Sechelt area—taking turns to host. Second Thursday Sonja Randell
604-885-7722 sonja2287@telus.net

Fat Quarters: Meet at 11-3 Rockwood Third Sundays
Rita Hunt 604-885-3601
ritamhunt49@gmail.com

Gone To Pieces:

Meet at Frank West Hall Gibsons. Second Sat of the month
Marg Kurys 604-747-2999
mail4margi@dccnet.com

Cotton Club:

Meet at Frank West Hall Gibsons 2nd Wed & 3rd Sat of the month
Linda Gant 604-886-7639
lgant@telus.net

Advertising Rates (per issue* (PI) for period Sept - May, excluding Dec):

Classified.....\$10.00 *PI
Bus card size..... \$10.00 *PI
8 issues\$50.00
¼ Page for\$14.00 *PI
8 issues.....\$90.00
½ Page\$21.00 *PI
8 issues.....\$125.00
Full Page\$42.00 *PI
8 issues.....\$200.00
One time email to all members,
.....Quilting related \$15.00
.....Commercial \$35.00

Please contact :
Val Marus:
valmarus1@gmail.com

Next Newsletter Deadline

Jan 5, 2018

for Meeting:
Jan. 27, 2018



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S.C.Q.G. RESOURCE DAY MINUTES: October 28, 2017

Call to Order:

President Karen Biddlecombe called the meeting to order at 11:00 am.

Karen thanked the Fat Quarters for hosting.

It was MOVED and SECONDED that the minutes of the meeting held Sept 30, 2017 be approved as circulated in the Newsletter. CARRIED

Correspondence:

A Thank You card was received from the Sunshine Dragons Abreast for the quilt donated as a fund raiser. Suncoast Midwifery posted on Facebook a thank you for the quilt done by Pierrette for a baby born on the Sunshine Coast. A picture and write up appeared in the Coast Reporter of a quilt donated (along with 2 baby quilts) to Gibson's Wildlife Rehabilitation Centre to help them raise money.

CQA Report:

The National Juried Show takes place May 31-June 2, 2018 at the Vancouver Convention Centre. On line submissions opened on September 1, 2017. There are 7 categories and non members can submit quilts too. Fees for entries are \$30 for members and \$80 for non members, plus tax. January 31, 2018 is the deadline. Details are on the CQA website.

Workshop and Lectures for Quilt Canada will be on the web-site shortly.

Treasurer's Report:

The amount in the bank account was reviewed. The budget will be sent out in time for next month's meeting/AGM.

Library:

New and donated books are being processed. Sandy LeHeup will be leaving the Sechelt area in December. Good luck Sandy, you will be missed.

Old Business:

None

New Business:

The Arts Council will be using our frames in their upcoming show.

Deb Barton is back East for a few months.

The AGM will be next month (November meeting).

Priscilla Hendriks spoke about how thoughtful Heart and Soul Quilt Shop in Grand Forks was after she lost her panel that she bought at their shop in the summer fires. The owners sent her a new panel at no cost.

Karen asked that everyone bring a fat ¼ to our November meeting.

Noriko Kawaguchi and Karen Biddlecombe did a presentation at Chatelech High School which was a very satisfying experience and well received by the students.

Newsletter:

The deadline for the next Newsletter is November 3.

Comfort Society:

Woodpecker Ridge offered to quilt placemats for the Comfort Society. They can do 4 at a time. See attached report.

Block of the Month:

Trish Sager was the block of the month winner. All the blocks were sold out again this month.

Program:

See attached report.

Membership:

The Door Prizes were purchased from Sew Easy and the winners were Karen Biddlecombe, Carol Bowie and Bernice Johnson. It was reported that there were 81 members present, 1 new member and 2 visitors in attendance.

Bus Trips:

Sharon Roye asked for a show of hands for those interested in a trip to the CQA in Vancouver. There was a good show of hands.

Show and Tell:

There was a large display of quilts.

The meeting adjourned at 11:45 a.m.



FAT QUARTERS PET PILLOW PROJECT

How it works. We have been collecting thread trimmings at our machine and the fabric and batting scraps from squaring our fabric, blocks and quilt tops. All these bits and pieces are then used as stuffing for a comfy pillow which the SPCA is very grateful to receive for use at our local animal shelter. If you are interested in helping us please start saving your bits and pieces.

Our requirements are: Bits and small scraps of quilting type fabric/batting: Only small pieces or strips please: All thread and yarn trimmings
No stabilizer, interfacing, paper or pins

We are also in need of suitable fabric for the pillow covers. A sturdy but soft fabric such as light weight upholstery fabric, corduroy or decor fabric are good choices. Darker colours are best. The minimum size of a half meter or fat quarter is ideal. We appreciate your contribution. See Shirley McCaughtrie on Resource Day, Project convenor.

S.C.Q.G. BOARD MINUTES: Oct28th, 2017

Present: Karen Biddlecombe Lee Ewing
 Moira Sarling Pauline Weber
 Ellen Fullerton Helene Johnston
 Jude Grebeldinger Helen Bailey
 Marian Williamson Lynda White
 Elizabeth Byrne

Call to Order:

Karen Biddlecombe called the meeting to order at 1:05 p.m.

It was MOVED and SECONDED that the minutes of the Board meeting held Sept 30, 2017 be approved as circulated in the newsletter.

CARRIED

Treasurer:

Lee has reviewed the books. Discussion about a budget item took place and a decision will be made at a later date when more info is provided. The proposed budget is going forward. A review of the Quilt Show Budget took place.

New Business:

The Marine Education Centre is looking for a donated art quilt for their building. The Comfort Society will not be taking on this large request. The Arts Council will be using our frames for a week-end show in November at a cost of \$200.

Old Business:

None.

Program:

As reported at the General Meeting.

Comfort Society:

As reported at the General Meeting.

Membership:

It was clarified that Hostess/non-guild members would not be included in the membership draw but can take part in the mini workshops—all activities.

It was MOVED and SECONDED that a float of \$50 be provided for both Membership and Block of the Month.

CARRIED

Satellite Group Reports:

Gone to Pieces – doing paper pieced placemats, rip and drop, workshop on machine quilting, workshop on using rulers for quilting, doing a completed Halloween block for a draw.

½ Moon Crazies – doing a block of the month quilt to donate, pot luck in December, doing up purses for Transition House and a lady from the Credit Union who used to make bags is donating to this event.

Fat Quarters – hope to be meeting at the Living Faith Lutheran Church in Davis Bay 11:30-3, sewing a quilt for the Story Time at the Library for the children to sit on, fat ¼ exchange for Xmas and doing a Trunk Show in March for the Guild's Resource Day.

Pender Harbour Piecemakers – having a retreat at Cascadia House in November, making bags with Sheila, doing a box block for Xmas and a pot luck.

Off The Wall—no report

Loose Threads—no report

Cotton Club - no report

The meeting was adjourned at 2:35 pm.



NOVEMBER, 2017 PROGRAM ACTIVITIES

WE ARE OFF AND RUNNING.... the holiday season is just around the corner!!!

Thanks to Phyllis Erlenbusch for the **PLEATED/FOLDED DIMENSIONAL ELEMENTS** mini workshop AND to Joan Baker for the preparation session for the upcoming Nov. 18, 19/17 **QUILTED JACKET WORKSHOP**. Looking forward to seeing results from both these sessions at future Resource Days.

Karen Johnson from Langley wowed us with her themed quilting journey trunk show.

AND thanks for your enthusiastic sign-ups for Challenges & Workshops.

STRIP DRAW – Congratulations to Marie Malcolm for winning the abundant rolls of autumn batiks in October's strip draw. November's strips are **HOLIDAY/SEASONAL**. Four 2.5 inch selvage to selvage strips = one entry into this monthly draw.

WHISPER CHALLENGE - And the three teams are: **Team # 3 Carol Bowie, Phyllis Argyle, Jean Minch & Helene Johnston.** **Team # 2 Rojean Trent, Sheila MacDonald, Anne Selder & Phyllis Erlenbusch.** **Team # 1 Eryl Shindel, Ada Yeo, Jude Grebeldinger & Jill Bellisomo.** The challenge has begun. Be **INSPIRED** by your team member's descriptions and have **FUN**.

MYSTERY SCRAP QUILT CHALLENGE - 2nd set of instructions given.

EARN YOUR PhD aka "Projects Half Done" - Let the challenge begin.

MARIA'S PLUG UGLIES CHALLENGE – this will now start Nov. 25/17. Bring three or four of

your ugliest fat quarters (or equivalent amounts) on Nov. 25/17 to get your first directions, rules, timelines, and info about the prizes. Dig out those pieces you have deemed too ugly to use and have some fun! (contact Maria Lodzinski)

Apr. 28/18, 2018 will be the second **IRON QUILTERS CHALLENGE**. Want to be part of a team to plan this? Let us know.

WORKSHOPS 2017/2018.

Sat. Nov. 18 & Sun. Nov. 19/17 – back by popular demand, **Joan Baker's Quilted Jacket**.

Sat. Mar. 3 & Sun. Mar. 4/18 (first workshop) AND Tues. Mar. 13 & Wed. Mar. 14/18 (second workshop) - Catherine Nicholl's new workshop "**An Improbability of Puffins**". (www.ravensthread.com) Second day of the two day workshop is on free motion quilting your project. Cost: \$100.00.

Sun. May 27/18 – Terry Aske will present **CIRCLES, CIRCLES, CIRCLES**

(www.terryaskeartquilts.com) Fee: \$100.00. Twelve signed up. A FEW SPACES STILL OPEN. Please provide either full or a partial payment in Nov. if you have signed up.

NOVEMBER 25, 2017 RE-SOURCE DAY PROGRAM – SEASONAL MAKE AND TAKE ROUNDABOUTS:

Come at least by 9:30 a.m. You will have a chance to attend **three of the seven MAKE AND TAKE** tables led by your fellow quilt guild members. Bring a **small kit** with needles & thread, scissors etc. Make a twig/ribbon tree decoration, a folded fabric star, a button snowman etc. etc. etc. Table times are:

9:30 to 10:15,
10:15 to 11:00 and
12:15 to 1:00.

Have FUN!

See you in November!

Want to have your say AND be part of planning programs for 2018/2019? Join us now!

Marian Williamson
marianwilliamson@hotmail.com

Ellen Fullerton

efullerton@telus.net

Maria Lodzinski

Text 604-989-0431

Rojean Trent krtrent@telus.net

Jill Bellisomo 5bells@telus.net



Comfort Society Report – October/November, 2017 Report

Donations: In October, we donated 13 baby quilts to the hospital. Also we donated 28 quilts to the Gibsons YMCA Child Care for their preschoolers. They were delighted to receive them and it will go a long way to helping the YMCA with their aim to “provide an environment that helps kids feel at home, learning and growing in a welcoming, safe and stimulating atmosphere.” Also, Habitat for Humanity received 2 quilts for their silent auction and gala at the beginning of November. 2 baby quilts were donated to Sunshine Dragons Abreast silent auction -- proceeds to support breast cancer research. 3 quilts were donated to the Vancouver Island Compassion Dogs Society fundraiser -- they train dogs to support veterans suffering from PTSD. 4 baby quilts have also been donated to Houston Flood victims.

Activities & Ongoing Projects: We're taking ongoing donations of placemats to give to individuals receiving Meals on Wheels and for a senior day care program. They are individual-sized and can be of any shape, but aimed at a mature individual. Thanks to members who donated 17 at the October resource day! Also, thanks for the 5 pillow-cases which we'll forward to transition services.

Noriko and Karen B. gave an outreach session at Chatelech Secondary School for students interested in textiles. They showed some quilts and introduced the concept of a consistent and accurate quarter-inch seam (save 'em some grief!) They're planning another outreach at Elphinstone Secondary.

Thanks to the members who took home fabric donations to sort out – please bring back anything else suitable for quilting to the November meeting.

Need fabric, backings, batting, quilt size chart for your comfort quilt? Come by our tables at resource day.

New Projects: The Sunshine Coast Hospice Society, which provides end-of-life support, is interested in receiving lap quilts for the hospice rooms. The idea is that a lap-sized quilt (average size 45 X 60) would be waiting on the bed of a new patient to bring colour and warmth to their room. Then that quilt would go home with the family as a memory quilt when the patient passes away. Approximately 24 patients use the hospice rooms every year and guild members have indicated their support which will be reviewed at this time next year.

Christenson Village assisted living is looking for a few quilt donations to give to residents for Christmas gifts for their annual Christmas party.

Attention art quilters: The new Marine Education Centre at Gibsons Public Market has a space that would benefit from a large art quilt. They have expressed what they would like and if anyone would like to take this on, please contact Elizabeth Byrne.

Funds: Comfort Society funds were reviewed and has recently purchased more backings and fabrics.

Gratitude: Thank you to all the people donating quilt tops that they just “can't bear to look at any longer” and for extra fabric they know they won't use. Someone else is sure to find inspiration and, in fact, quilt tops and partially done projects were all spirited away at the October meeting and we'll see them back when they're done. Thanks to Woodpecker Ridge for supporting comfort quilts by donating machine quilting. Also, a special thank you to Cervia Nutbrown for sewing on labels to help us out! Most of all, thanks to our fabulous guild members who continue to give their beautiful and creative quilts.

Jeanette Thompson and I delivered four quilts to the Sunshine Coast Hospice Society today, and they were thrilled: both to receive the quilts and that we are supporting the hospice patients this way. Here is a picture taken by Bernadette, the Manager of Hospice Services. All the best, Elizabeth Byrne, Comfort Society



JOY THROUGH GIVING = CREATING MEMORIES FOR OTHERS TO ENJOY!

POSTAGE STAMP QUILTS:

Posted on [May 16, 2010](#) by [Cindi](#)

Do you love the look of Postage Stamp quilts but aren't too keen on cutting out thousands of those teeny-tiny squares and sewing them back together again? This tutorial will show you how to make a Postage Stamp quilt block in a flash – by strip piecing. The block will finish at 8×8" in your quilt (there are 64 1-inch blocks in each square) and will look like you spent months sewing it together!

This is a great way to use up scraps or those extra fat quarters from another project. For a truly scrappy block try to use as many different fabrics as possible – 25-30 different fabrics for an 8×8" block. You can use less or more, it doesn't matter. What do you have on hand? Use it! Or take one 1-1/2" strip from every single fabric you have in your stash. You DON'T have to have fabrics that match from a "line" of fabrics. Just pick out some fabrics of all different colors or patterns. Trust me, it will look terrific.

I'm assuming you know the basics of quilting so I won't go into all of the usual – clean your machine, basic rotary cutter safety, using 1/4" seams, how to use an iron, yadda-yadda-yadda.

So let's get started! First, cut your fabric into 1-1/2" strips.



Here's a tip: I like to make myself a grid from painter's tape on my cutting mat. I'll mark arrows on the tape every 1-1/2 inches. *This grid is only used as a guide to make sure I don't cut my strips too short or too wide.*

After cutting the strips, mix them all up in a messy pile. This helps keep everything scrappy.

Chain piece the strips together in twos. Cut them apart and press seams to one side

Put all of these into a messy pile, and chain piece the strips together again, making sets of 4. When you sew them together the seams will all be pressed ONE WAY, so make sure you're sewing them all in the same direction. You don't want the seams all willy-nilly. Try not to get two of the same fabrics side-by-side.

Be sure to press all of these in *one direction only*. Trust me. One direction only

Put all these into a messy pile AGAIN and sew, chain style, into sets of 8 (you get the drill now – you don't need a picture of these). Once again watch how you sew them so all the seams will face the *same direction*. Press and take these sets to your cutting mat. Cut these 8-strip sections into 1-1/2" strips.

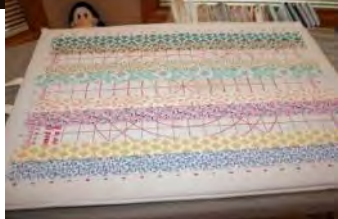
Put these 1-1/2" strips in a messy pile or if you're like me, put them in nice, neat piles so you can be anal-retentive and match them the way you want

Now chain-piece these new strips together the same way as above. This is where pressing everything in the same direction can help you lock the squares. Just turn the strips in opposite directions so they butt together.

Chain strip 2... Chain strip 4... Chain strip 8... Be sure to press all seams to one side.

You want to end up with a block that is 8 squares x 8 squares. This is where pressing all those strips in the same direction will come in handy. Look at the picture below. Lock the strips by turning each strip in a different direction to sew (horizontal strips), and press in one direction (vertical strips).

Voila! You've got an 8.5 x 8.5" block! When you sew these blocks together, you're going to find that occasionally (or more than occasionally!) blocks of the same fabrics are going to butt together. This happened at the lower right-hand corner of this block. You won't even see it!



APPLIQUE STITCHING TIPS ARTICLE

Number 1 – Choose the appropriate stitch

When one is deciding on the applique method, you have to think of the desired look of the finished piece. **I choose the invisible applique stitch when I want the look of hand stitching, but don't have the time to do all that stitching by hand.** I wouldn't do this technique on a project that had a lot of complex pieces. I like to turn the edges of the applique shapes under to do the invisible applique stitch and the more complex the pieces are, I find that I have better control doing the stitching by hand. I'm not saying it can't be done by machine, because anything is possible – it just requires a tad more skill.

Having said that – when I do invisible applique by sewing machine – I choose to use an elongated zig zag stitch. I turn the edges of my applique under by using starch

The one thing to keep in mind about applique is that there are no rules. There are always guidelines that people (including me) prepare for you. Those guidelines are made based on hours and hours of failure – okay, failure is a harsh word. How about hours and hours of experimenting and having fun? Yes – that sounds much better. However, there are times when one bends their own guidelines for the sake of time.

In the example below, I was teaching a jacket class and the jacket had applique on it. The jacket had to be prepped for class and there wasn't enough time to do a blanket stitch around the raw edges of this applique. So I loaded invisible thread on the sewing machine and did an invisible applique stitch around these shapes using the elongated zig zag.

While the job got done, I wish I hadn't been so hasty. I think the applique would've looked much better with a different stitch. But considering that the applique shapes are flannel (they were fused down with a fusible web) and the shapes have a raw edge, there really isn't a lot of fraying.



Why was the invisible stitch faster? Well I didn't have to fuss with neatness on turning the corners because you can't see the stitching. That saved a huge amount of time.

With that in mind, as we move forward with these guidelines, feel free to change them up, break the rules and do what works for you. My only advice is to experiment, make samples and try everything. The more you try, the more you'll know what you like and that means you'll be happy

with your end result.

Number 2 – Choose the right thread

Here's a lesson for all of us. While I do try to keep all my supplies in their appropriate place, I've been known to keep threads and a few other small items with the particular project that I was working on. Hmmm – then when you attempt to find your brown threads – the memory goes blank as to what project those threads are with!

For invisible machine applique, I like to match the thread color to the color of the applique shape. You can use invisible thread if you like, but I find that invisible does give off a bit of a shine and well – this is supposed to be invisible applique! However invisible thread (monofilament thread) is a good way to get started in invisible machine applique without investing hundreds of dollars in thread.

My preferred thread is a very fine thread – weight of 60 to 100 that matches the color of the applique shape. There are numerous brands of this fine thread out there and I have been collecting them over the years.

Before you panic and think that you have to buy hundreds of thread, remember my dilemma? I couldn't find my brown threads? Well no panic – let's see what else we have that is close. I found these two colors and while they do not look like a match when you look at the thread on the spools, have a look at a single strand of thread on the fabric and I think either one of them will work very nicely.



As I mentioned, you can also use monofilament thread or invisible thread. There are several brands of this thread, make sure you use a good quality one. Some of the invisible thread can be very coarse and you don't want that. You want the fine delicate ones. Monofilament comes in smoke and comes in clear.

Personally I don't use monofilament in the bobbin – I use pre-wound bobbins (with bobbin weight thread) for my invisible machine applique and have been known to use two colors: black or white. If the tension is set properly on the sewing machine then you're good to go. Sometimes I use the same light-weight (sometimes called bobbin weight) thread in the bobbin that I'm using in the top. In other words, I wind my own bobbins, but I might have one bobbin with red thread and one with green and I use it for any variation of those colors that I'm using on top.

Again for the color of the bobbin thread, if you don't have a matching thread, lay out what you have to see if it works. Here I'm using a pre-wound bobbin with a very fine bobbin weight black thread. You can also buy pre-wound bobbin thread in all the colors. I've seen these come in one package which makes it very economical to buy. I do use those bobbins from time to time, but I must confess that I'm lazy and if I can set the tension to work with the same color in the bobbin, it saves time having to change the bobbin.



I can't stress this enough – but choose your thread for the bobbin and the top wisely. Do not 'cheap out' on the threads. If you can't afford to go crazy (and who can?), then buy a couple of basic colors of the bobbin weight thread for your applique. You can get away with a lot when you use neutrals. Greys, browns and taupe's will work on most fabrics. If your applique is bright – then you may want look at buying one spool of each of the main colors. Whatever you do – don't buy cheap thread!

Number 3 – Choose the needle wisely

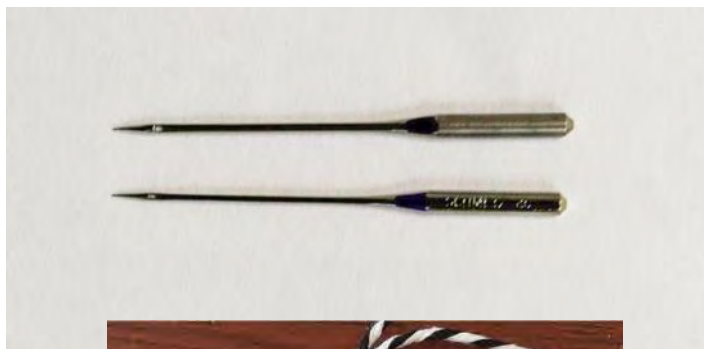
The same way that you should use quality threads in the sewing machine, make sure that you're using quality sewing machine needles. I like the [Inspira](#) brand.

But once you've chosen the brand that you and your sewing machine like, there's a vast variety of needle types and sizes that one must choose from. For 99% of my work, I use the Microtex needles. That's the type of needle. The point is very sharp and I find that it works for most of my projects.

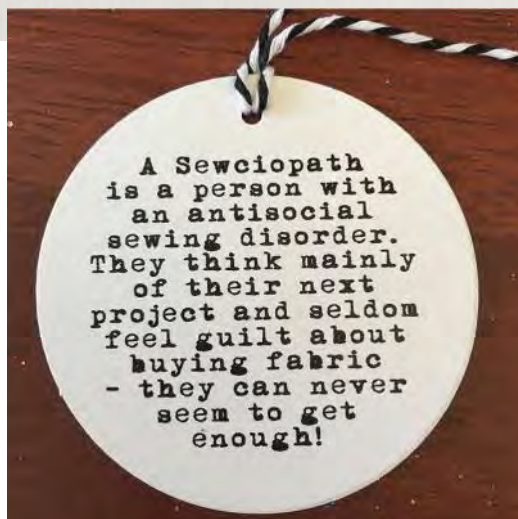
The other thing to consider with needles is the size of the needle. It's a good idea to match the size of the needle to the size of the thread. A huge percentage of problems with sewing is a mismatched combination of needle and thread. If you think about it, the sewing machine is literally punching a hole through your project. If the thread is too small, it can't fill the hole completely and the project doesn't look nice. If the thread is too big, you'll get fraying.

Since I'm using very fine thread, I go with the smallest needle available. That is a size 60/8. A word of caution – this needle is very small as you can see below. The needle threader won't work with it. You'll have to thread the

needle by hand. If you can't seem to do this, then move up to a size 70/10. The needle threader will work with that size of needle



Top needle is a size 12, the bottom needle is a size 8



I ♥ Quilting
Forever



BLOCK WHEEL OF FORTUNE:

Tip: Do you know your quilt block styles?

1. L _ _ _ a _ i _
2. _ e _ r _ _ w
3. _ l n _ _ a t _ h
4. S _ o _ m _ t _ e _
5. _ _ l s _ C _ a _ n
6. M _ _ _ e l _ _ f
7. _ t t _ _ w _ n _ o _
8. F e _ _ h _ _ e _ _ t _ r
9. R _ _ l _ _ _ c e
10. _ a _ a _ _ a
11. T u _ _ _ _ g t w _ _ _ _
12. _ a _ d _ _ _ a _ e

ANSWERS:

1. __Log Cabin _____
2. __bearclaw _____
3. __nine patch _____
4. __Storm at sea _____
5. __Irish Chain _____
6. __Maple leaf _____
7. __attic window _____
8. __Feathered star _____
9. __Rail fence _____
10. __lasagna _____
11. __Turning twenty _____
12. __landscape_(and yes I know the clue allows for
10 letters but the answer has only 9)_____

Plug-uglies... The Ultimate challenge!

Bring as many ugly Fat quarters as you'd like. (Even if you do not wish to participate feel free to unload your uglies.)

These will be put in one area and you may exchange yours for the same number as you brought.

In the event that the donations exceed the amounts chosen you have the option later to choose from the extras.

Be as creative as you wish to be, keeping in mind that those 'creations' deemed suitable will be donated as appropriate...unless of course you'd like to keep it.

Please try to use your chosen uglies as the feature points of your design, but you are free to use your own stash for backgrounds, borders and bindings.

Basically stick to lap and baby (hospital) quilt sizes, placemats (Meals on Wheels), or wall hangings, table runners, Hospice.

If you simply want to step out of your comfort zone, or display your creative sense of humour, go for it.

The viewers' choice judgement categories will include: The UGLIEST, of course, most worthy of the wall of shame

The most attractive AND The most original AND The one you'd most like to give to someone you don't like very much...just to see their reaction.

Please re-donate any leftovers as 2 1/2" strips or squares which the Comfort Society uses in their ongoing projects.

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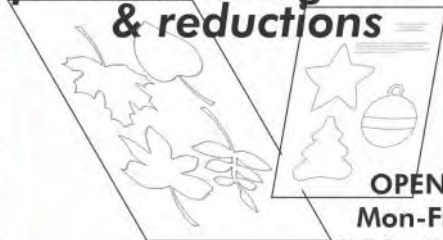


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 Christmas Open House
 Fri. Nov. 24, 9-6
 Sat. Nov. 25, 9-6
 Sun. Nov. 26, 11-5
 Sale Runs until Dec. 18!



FIBRE WORKS STUDIO & GALLERY

fibeworksstudio12887@gmail.com

www.fibeworksgallery.com

604-883-2380 12887 Sunshine Coast Hwy (the
 yurts)

Madeira Park, Gallery/Studio Hours: Wed—Sunday :11am to 5pm and by appointment

FibreWorks is closed for the winter season and open by appointment until
 March 31st, 2018.

Please call 604-883-2380 if you would like to view the gallery or stop in to the
 studio.

The talented Mary Bently will continue to lead Weavers Circle every Wed from
 9am-3:30 until Jan 10th, 2018, when there will be a short break... and she will
 resume sessions on Wed Feb 14th.

See you at the yurts! Alexis

Please visit our website **www.fibeworksgallery.com** for updates and information

CALENDAR OF EVENTS - SHOWS:

Quilted Expressionz—Penticton Trade and Convention
Centre, BC May 5 and 6/18 10-6 and 10-4
Admission \$7.00
Contact: Diane Schlamp 250-497-2027
email: dianesch@telus.net
<http://www.pentictonquilters.com>

CQA—Quilt Canada 2018
May 31—June 2, 2018
Vancouver, BC

BeDazzled Parksville Quilt show—Parksville,
BC June 22—24/18
Fri & Sat: 10-6 and Sun 10-3
Admission \$8.00; \$15 for 3 day pass
Contact: parksvillequiltshow2018@gmail.com
www.parksvillequiltshow2018.com



The Astrology of Fabric Therapy: by Luana Rubin

Sagittarius—November 22 to December 22nd

Everybody knows that Sagittarius loves to travel and learn new things, so your stress comes when you are tied down to the same old routine month after month. If you can't take the trip of your dreams now, then why not start a collection of exotic and international textiles? Undoubtedly you have collected vintage and handmade textiles in previous travels, and looking through those fabrics brings you as much pleasure as a photo scrapbook might for others. If something is too precious to cut up and make into a quilt or piece of wearable art, have it framed and hang it where you can enjoy its beauty every day.



CQA—update:

The Big Quilt Bee was a huge success with 2,614 finished quilts, an estimated 3,000 quilters participated in the project and contributed approximately 17,430 hours, and there were 90 volunteers over 4 days of the Quilt Canada 2017. This far exceeded the expectations of the CQA. A big thank you to all who participated.

CQA/ACC 2018 Quilted Postcard Challenge:

This challenge is open to the public. You may submit as many entries as you wish.

- Finished dimensions are 6"w x 4"h.
- Three construction layers: top, batting and/or stabilizer, backing fabric
- Design: All styles & techniques encouraged, traditional, contemporary, modern, fibre art, abstract, pieced, hand embroidered, thread play etc.
- Edging: all edges to be finished
- Label: sewn to back of postcard with your name and location

Deadline: to be eligible for judging, entries must be mailed by May 1, 2018 to
Karen Killins-Robinson,
1423 Haida Rd, Duncan, B.C.
V9L 5P4

Postcards will be displayed at Quilt Canada 2018 in Vancouver. Each postcard will be for sale for \$5 each and will be taken at time of purchase.

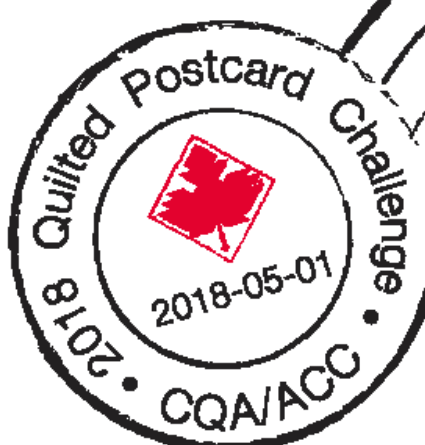
Prizes: 1st Place \$500,
2nd Place \$300,
3rd Place \$200,

Excellence in thread use by machine \$250,

Excellence in thread use by hand \$250.

All proceeds from postcard sales will be donated to Children's Hospital.

Respectfully submitted, Moira



CQA/ACC 2018 Quilted Postcard Challenge

Challenge Theme: *Inspired by Nature!*

Canada's natural bounty is a source of inspiration for quilters from coast to coast. Participants are invited to celebrate their regional uniqueness and beauty in a postcard!

Eligibility: Open to the public. You may submit as many entries as you wish.

Finished dimensions: 6" wide x 4" high.

Three construction layers: top, batting and/or stabilizer, backing fabric.

Design: All styles and techniques encouraged: traditional, contemporary, modern, fibre art, abstract, pieced, hand embroidered, thread play, etc.

Edging: All edges to be finished.


Label: Sewn to back of postcard with your name and location.

Deadline: To be eligible for judging entries must be mailed by May 1, 2018 to:
Karen Killins-Robinson
1423 Haida Rd.
Duncan, BC V9L 5P4

Note: Postcards will be accepted after May 1, but will not be eligible for judging.

Postcards will be displayed at *Quilt Canada 2018* in Vancouver, BC. Each postcard will be for sale for \$5.00 each and will be taken at time of purchase.

Sponsored by:

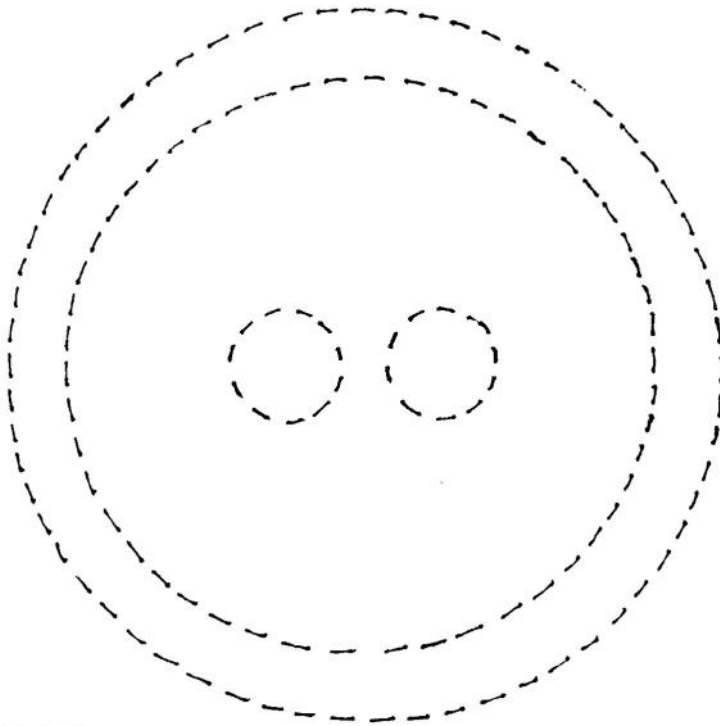


Prizes:
First Place: \$500
Second Place: \$300
Third Place: \$200
Excellence in thread use by machine: \$250
Excellence in thread use by hand: \$250

All proceeds from postcard sales will be donated to the BC Children's Hospital. ♦

52 CQA/ACC Autumn 2017

Design of the Month ~ Button ~



With compliments from
Victoriana Quilt Designs
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A lady wanted to purchase a beautiful hand crocheted dress and spotted a crafter who did absolutely amazing work, but she charged a good price too. The lady thought that her price was way too high so she approached the crocheter and in quite a brusque fashion stated "I want to buy a dress from you, but I think you charge too much." The crafter was a little taken aback but replied "Ok, how much do you think I should charge?" The lady replied "I think you should charge "X" much, because the yarn will cost this much, and ribbons this much, and buttons this much. I even factored in the price of scissors." The final price the lady had calculated was a lot cheaper than the crafter's original price, but she said "Ok, deal. You will get your dress in a week". The customer is very pleased with herself and can't resist telling all her friends what a fabulous deal she has negotiated and how smart she is, and that in a week she will have her gorgeous crocheted dress.

A week later her parcel arrives in a lovely packaged box. She opens it and inside is yarn, ribbons, buttons and even scissors. Angrily she contacts the crafter asking "How could you do this to me? I asked you for a dress and you sent me a box of yarn, ribbon, buttons and scissors?!" The crafter quietly replies "My dear, you got exactly what you paid for, if you think there is something missing, you need to pay for it."

Moral of the story, when you buy handmade you are not just buying the materials you are buying the crafters, time, effort, love and dedication that goes into making your items...

SUNSHINE COAST QUILTERS' GUILD

P.O. Box 2083
Sechelt, B.C.
V0N 3A0



www.scquiltersguild.com

Guild memberships are renewed each year starting in September, and are valid until September 30 of the following year.

Memberships cost \$40 if you access the newsletter on our web site. Additional charges to cover postage imposed if you prefer to have printed copies mailed to you. We welcome guests (there is a nominal drop-in fee) and love to have new members join us.

HISTORY

In 1982 a group of women on the Sunshine Coast got together to share their love of quilting. Pat Crucil, an accomplished quilter and teacher, established this first quilt group on the Coast.

Today the Sunshine Coast Quilters' Guild is the "umbrella" organization for seven local community quilt groups from Pender Harbour to Gibsons, with a membership of 117. The guild promotes the joy of quilting on the Coast by providing enjoyment through quilt shows, classes, demonstrations and displays. We continue to meet eight days throughout our Guild year, from September to May at the Holy Family Parish Hall in West Sechelt (5700 Nickerson Road). Our meetings consist of Mini-Workshops, Business Meetings, Show and Tell, and a Program.

S.C.Q.G. LIBRARY



TIP: When you take out a book from the library—write down the library codes onto a small piece of paper and tuck that paper into your Guild Name tag holder—this is an easy method to find what you have taken out and when it is due back!

Please remember that books can be renewed so as to avoid overdue penalties. Call Phyllis Argyle at 604-885-3285 and she will take down the details.

